

EXPLORATION OF FORMS

PUBLIC MOVEMENT WORKSHOP SERIES

“Afro Cuban Dance” with José Francisco Barroso
Three workshops – drop in for one, or come to all!



TDPS presents a series of three spring workshops with Cuban dancer and choreographer José Francisco Barroso. These workshops focus on the explosive and subtle sacred expressions of the Orisha (Yoruba deities), as well as the dances of the Dahomey-Arará (Vodu, Gaga), and Congo (Palo, Makuta) regions. Barroso’s class offers students a strong understanding of polyrhythm and the kinesthetic distinctions of Afro-Cuban traditional dances, rhythms, and movements. Join us for all three, or drop in for just one or two! The class is free, but cash donations for the drummers are welcome and encouraged.

10:30AM-NOON ON THREE SUNDAYS:

JANUARY 28
FEBRUARY 18
MARCH 18

UC BERKELEY’S BANCROFT DANCE STUDIO
2401 BANCROFT WAY AT DANA (ENTRANCE TO STUDIO ON DANA)

ALL LEVELS WELCOME! LIVE DRUMMING! FREE!

From a very young age, Havana-born José Francisco Barroso studied the Cuban dance styles of son, casino, rueda, and rumba. Barroso describes these art forms as an expression of everyday life in Cuba and as a symbol of the vibrancy of the Cuban people. He was recognized throughout Havana for his skills in hip-hop and break dance, and studied with Cuba’s Compañía Folklórica Raíces Profundas. As a director, choreographer, and teacher, Barroso has received numerous grants and awards, including the Isadora Duncan Dance Award, a California Arts Council Artist-In-Residence Grant, and ACTA’s Living Cultures Grant Program, and has held many residencies at universities. Barroso currently teaches a weekly class open to all levels on Tuesdays, 7pm, at ODC in San Francisco.